

Northern Ireland Urban League | Scoring System

The NIUL series puts every competitor on an equal footing with respect to age and gender. With the exception of M21, your race time is reduced by a factor which aims to create a level playing field. A W70, after their adjustment is applied, may well have a better time than an M21.

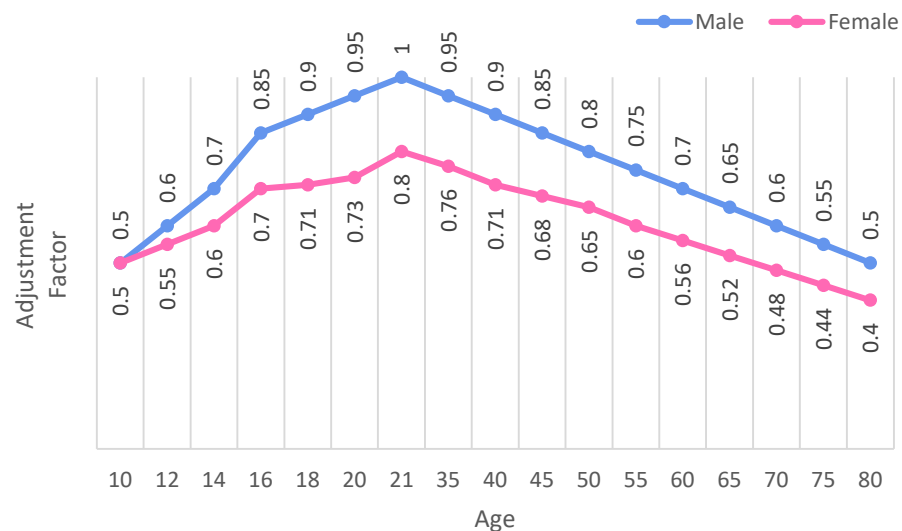
Example:

- M21 finishes in 25:00 minutes
- W70 finishes in 50:00 minutes
- W70 time is multiplied by 0.48
- W70 adjusted time is 24:00 minutes

the result is that W70 beats M21 and that is the spirit of the NIUL!

Race points are awarded as the $100 * (\text{best adjusted time} / \text{your adjusted time})$.

Your race time is reduced by multiplying it by the adjustment factor for your age and gender



Northern Ireland Urban League | Long

Series

NIUL 2026

Course

Long

Medium

Short

Location

Dundrum

Enniskillen

| | | | Time | Adjusted Time | League Points |
|-----|-------------------|-----|-----------|---------------|---------------|
| 1 | Stephanie Pruzina | W60 | 0:37:00 | 0:20:43 | 100 |
| 2 | Shane Lynch | M45 | 0:25:13 | 0:21:26 | 97 |
| 3 | Michael Burton | M65 | 0:36:21 | 0:23:38 | 88 |
| 4 | Niamh Browne | W18 | 0:37:11 | 0:26:24 | 78 |
| 5 | Sam McNeilly | W35 | 0:34:47 | 0:26:26 | 78 |
| 6 | Olivia Baxter | W35 | 0:35:35 | 0:27:03 | 77 |
| 7 | Lyle Fleming | M60 | 0:38:40 | 0:27:04 | 77 |
| 8 | Euan Kennedy | M16 | 0:32:24 | 0:27:32 | 75 |
| 9 | Brian Rowe | M55 | 0:36:57 | 0:27:43 | 75 |
| 10 | Sharon Dickenson | W50 | 0:42:49 | 0:27:50 | 74 |
| 11 | Emma Graham | W20 | 0:39:23 | 0:28:45 | 72 |
| 12 | Mark Earnshaw | M60 | 0:41:12 | 0:28:50 | 72 |
| 13 | Bobby Smyth | M50 | 0:36:04 | 0:28:51 | 72 |
| 14 | Sarah Knight | W35 | 0:39:17 | 0:29:51 | 69 |
| 15 | Fionnuala Rowe | W18 | 0:42:51 | 0:30:25 | 68 |
| 16 | David Ewart | M50 | 0:40:07 | 0:32:06 | 65 |
| 17 | Mark Pruzina | M60 | 0:46:06 | 0:32:16 | 64 |
| 18 | Martina Rowe | W50 | 0:51:22 | 0:33:23 | 62 |
| 19 | Sam Graham | M18 | 0:37:11 | 0:33:28 | 62 |
| 20 | Deirdre Coyle | W50 | 0:52:15 | 0:33:58 | 61 |
| 21 | Chris Colwell | M35 | 0:36:06 | 0:34:18 | 60 |
| 22 | Shaun Henry | M60 | 0:49:39 | 0:34:45 | 60 |
| 23 | Kenny Weir | M65 | 0:55:43 | 0:36:13 | 57 |
| 24 | Joe McClure | M55 | 0:50:49 | 0:38:07 | 54 |
| 25 | Paul Graham | M50 | 0:48:13 | 0:38:34 | 54 |
| 26 | Declan Logue | M50 | 0:50:08 | 0:40:06 | 52 |
| 27 | Ryan McDonald | M40 | 0:47:04 | 0:42:22 | 49 |
| 28 | Neil McEvoy | M45 | 0:52:23 | 0:44:32 | 47 |
| 29 | John Paul Wilkins | M45 | 0:54:15 | 0:46:07 | 45 |
| 30 | Jeff Johnston | M50 | 0:58:31 | 0:46:49 | 44 |
| 999 | Aileen McCarron | W60 | Organiser | | 0 |
| 999 | Aine Colwell | W21 | Planner | | 0 |
| 999 | George Knight | M35 | w2 | | 0 |
| 999 | Ishbel Logue | W18 | m6 | | 0 |

Northern Ireland Urban League | Long

| | | | | |
|-----|-----------------|-----|------------|---|
| 999 | Jack Wilkins | M18 | m6 | 0 |
| 999 | Stephen Gilmore | M65 | Controller | 0 |
| 999 | Test Dib | | rtd | 0 |

Northern Ireland Urban League | Medium

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| | | | Time | Adjusted Time | League Points |
|-----|----------------------|--------|---------|---------------|---------------|
| 1 | Lindsey Knox | W65 | 0:31:20 | 0:16:18 | 100 |
| 2 | Barbara Foley-Fisher | W75 | 0:39:12 | 0:17:15 | 94 |
| 3 | Ann Savage | W70 | 0:39:30 | 0:18:58 | 86 |
| 4 | Patrick Higgins | M35 | 0:21:42 | 0:20:37 | 79 |
| 5 | Jerry Purkis | M70 | 0:34:33 | 0:20:44 | 79 |
| 6 | Carol Black | W55 | 0:35:30 | 0:21:18 | 76 |
| 7 | Brian Crothers | M55 | 0:29:23 | 0:22:02 | 74 |
| 8 | Ciaran Montague | M55 | 0:31:00 | 0:23:15 | 70 |
| 9 | Steve Wilson | M50 | 0:30:17 | 0:24:14 | 67 |
| 10 | Denis Murphy | M70 | 0:41:07 | 0:24:40 | 66 |
| 11 | Angela Kerr | W45 | 0:37:39 | 0:25:36 | 64 |
| 12 | Marlene Stephens | W65 | 0:49:18 | 0:25:38 | 64 |
| 13 | David Wilson | M50 | 0:32:28 | 0:25:58 | 63 |
| 14 | Aileen McCarron | W60 | 0:51:00 | 0:28:34 | 57 |
| 15 | Peter Howe | M65 | 0:45:59 | 0:29:53 | 55 |
| 16 | Nigel Kerr | M55 | 0:41:42 | 0:31:17 | 52 |
| 17 | Joanne Graham | W45 | 0:49:48 | 0:33:52 | 48 |
| 18 | Lauren Howe | W35 | 0:46:39 | 0:35:27 | 46 |
| 19 | Louise Rodgers | W45 | 1:10:17 | 0:47:48 | 34 |
| 20 | John Rodgers | M60 | 1:16:36 | 0:53:37 | 30 |
| 999 | Susie Carson | W21 w2 | | | 0 |

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| | | | Time | Adjusted Time | League Points |
|-----|--------------------|-----|---------|---------------|---------------|
| 1 | James Ewart | M16 | 0:12:09 | 0:10:20 | 100 |
| 2 | Nat Kerr | M14 | 0:16:00 | 0:11:12 | 92 |
| 3 | Emily Kerr | W14 | 0:21:31 | 0:12:55 | 80 |
| 4 | Cillian Higgins | M10 | 0:29:09 | 0:14:35 | 71 |
| 5 | Sophie Kerr | W12 | 0:29:36 | 0:16:17 | 63 |
| 6 | Austin McEvoy | M14 | 0:23:22 | 0:16:21 | 63 |
| 7 | Chloé Campbell | W14 | 0:28:05 | 0:16:51 | 61 |
| 8 | Luke McDonald | M14 | 0:24:26 | 0:17:06 | 60 |
| 9 | Luke Wilkins | M14 | 0:24:52 | 0:17:24 | 59 |
| 10 | Anna Wilson | W16 | 0:25:39 | 0:17:57 | 58 |
| 11 | Georgia Montague | W14 | 0:30:48 | 0:18:29 | 56 |
| 12 | Dylan Kennedy | M12 | 0:34:32 | 0:20:43 | 50 |
| 13 | Nigel Foley-Fisher | M75 | 0:39:02 | 0:21:28 | 48 |
| 14 | Charlotte Kerr | W10 | 0:47:00 | 0:23:30 | 44 |
| 15 | Ann-Marie Kerr | W50 | 0:42:11 | 0:27:25 | 38 |
| 16 | Ossian Perrin | M12 | 0:47:05 | 0:28:15 | 37 |
| 999 | Arthur Perrin | M10 | m14 | | 0 |
| 999 | Cillian Lynch | M14 | w5 m7 | | 0 |
| 999 | Malin Higgins | W10 | rtd | | 0 |
| 999 | Matthew Wilson | M16 | m14 | | 0 |

Northern Ireland Urban League | Long League Table

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League Points

| | | | Dundrum | Enniskillen | Best 3 |
|----|-------------------|-----|---------|-------------|--------|
| 1 | Michael Burton | M65 | 88 | 100 | 188 |
| 2 | Olivia Baxter | W35 | 77 | 76 | 152 |
| 3 | Sharon Dickenson | W50 | 74 | 73 | 148 |
| 4 | Kenny Weir | M65 | 57 | 67 | 124 |
| 5 | Stephanie Pruzina | W60 | 100 | | 100 |
| 6 | Shane Lynch | M45 | 97 | | 97 |
| 7 | Niamh Browne | W18 | 78 | | 78 |
| 8 | Sam McNeilly | W35 | 78 | | 78 |
| 9 | Heather Cairns | W60 | | 78 | 78 |
| 10 | Brian Johnston | M50 | | 77 | 77 |
| 11 | Lyle Fleming | M60 | 77 | | 77 |
| 12 | Euan Kennedy | M16 | 75 | | 75 |
| 13 | Brian Rowe | M55 | 75 | | 75 |
| 14 | Billy Fyffe | M70 | | 74 | 74 |
| 15 | Emma Graham | W20 | 72 | | 72 |
| 16 | Mark Earnshaw | M60 | 72 | | 72 |
| 17 | Bobby Smyth | M50 | 72 | | 72 |
| 18 | Sarah Knight | W35 | 69 | | 69 |
| 19 | Fionnuala Rowe | W18 | 68 | | 68 |
| 20 | David Ewart | M50 | 65 | | 65 |
| 21 | Mark Pruzina | M60 | 64 | | 64 |
| 22 | Che Finlay | M45 | | 64 | 64 |
| 23 | Des Fletcher | M60 | | 63 | 63 |
| 24 | Martina Rowe | W50 | 62 | | 62 |
| 25 | Sam Graham | M18 | 62 | | 62 |
| 26 | Deirdre Coyle | W50 | 61 | | 61 |
| 27 | Chris Colwell | M35 | 60 | | 60 |
| 28 | Shaun Henry | M60 | 60 | | 60 |
| 29 | Joe McClure | M55 | 54 | | 54 |
| 30 | Ross Walker | M45 | | 54 | 54 |
| 31 | Paul Graham | M50 | 54 | | 54 |
| 32 | Declan Logue | M50 | 52 | | 52 |
| 33 | Ryan McDonald | M40 | 49 | | 49 |
| 34 | Neil McEvoy | M45 | 47 | | 47 |

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| | | | | |
|----|-------------------|-----|----|----|
| 35 | John Paul Wilkins | M45 | 45 | 45 |
| 36 | Jeff Johnston | M50 | 44 | 44 |
| 37 | Aidan Audrey | | 29 | 29 |
| 38 | Test Dib | | 0 | 0 |
| 39 | Jack Wilkins | M18 | 0 | 0 |
| 40 | Aileen McCarron | W60 | 0 | 0 |
| 41 | Raymond Finlay | M75 | 0 | 0 |
| 42 | Ishbel Logue | W18 | 0 | 0 |
| 43 | Stephen Gilmore | M65 | 0 | 0 |
| 44 | Teresa Finlay | W75 | 0 | 0 |
| 45 | George Knight | M35 | 0 | 0 |
| 46 | Robbie Bryson | M60 | 0 | 0 |
| 47 | Aine Colwell | W21 | 0 | 0 |

Northern Ireland Urban League | Long League Table

Northern Ireland Urban League | Medium League Table

Series

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Course

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League Points

| | | | Dundrum | Enniskillen | Best 3 |
|----|----------------------|-----|---------|-------------|--------|
| 1 | Ciaran Montague | M55 | 70 | 71 | 142 |
| 2 | Lindsey Knox | W65 | 100 | | 100 |
| 3 | Teresa Finlay | W75 | | 100 | 100 |
| 4 | Barbara Foley-Fisher | W75 | 94 | | 94 |
| 5 | Helen Baxter | W70 | | 94 | 94 |
| 6 | David Blair | M70 | | 88 | 88 |
| 7 | Ann Savage | W70 | 86 | | 86 |
| 8 | Ruth Blair | W60 | | 83 | 83 |
| 9 | Philip Baxter | M70 | | 80 | 80 |
| 10 | Patrick Higgins | M35 | 79 | | 79 |
| 11 | Jerry Purkis | M70 | 79 | | 79 |
| 12 | Tommy Burke | M70 | | 77 | 77 |
| 13 | Carol Black | W55 | 76 | | 76 |
| 14 | Brian Crothers | M55 | 74 | | 74 |
| 15 | Kin Lau | M60 | | 71 | 71 |
| 16 | Steve Wilson | M50 | 67 | | 67 |
| 17 | Denis Murphy | M70 | 66 | | 66 |
| 18 | Angela Kerr | W45 | 64 | | 64 |
| 19 | Marlene Stephens | W65 | 64 | | 64 |
| 20 | David Wilson | M50 | 63 | | 63 |
| 21 | Aileen McCarron | W60 | 57 | | 57 |
| 22 | Sean Magee | M55 | | 56 | 56 |
| 23 | Peter Howe | M65 | 55 | | 55 |
| 24 | Nigel Kerr | M55 | 52 | | 52 |
| 25 | Joanne Graham | W45 | 48 | | 48 |
| 26 | Lauren Howe | W35 | 46 | | 46 |
| 27 | Louise Rodgers | W45 | 34 | | 34 |
| 28 | John Rodgers | M60 | 30 | | 30 |
| 29 | Susie Carson | W21 | 0 | | 0 |
| 30 | Shuk Han Leung | W60 | | 0 | 0 |

Northern Ireland Urban League | Medium League Table

Northern Ireland Urban League | Medium League Table

Northern Ireland Urban League | Short League Table

Series

NIUL 2026

Course

Long

Medium

Short

League Points

| | | | Dundrum | Enniskillen | Best 3 |
|----|--------------------|-----|---------|-------------|--------|
| 1 | Georgia Montague | W14 | 56 | 52 | 108 |
| 2 | Emme Finlay | W12 | | 100 | 100 |
| 3 | James Ewart | M16 | 100 | | 100 |
| 4 | Nat Kerr | M14 | 92 | | 92 |
| 5 | Emily Kerr | W14 | 80 | | 80 |
| 6 | Lydia Mitchell | W20 | | 72 | 72 |
| 7 | Seth Mitchell | M12 | | 71 | 71 |
| 8 | Cillian Higgins | M10 | 71 | | 71 |
| 9 | Sophie Kerr | W12 | 63 | | 63 |
| 10 | Austin McEvoy | M14 | 63 | | 63 |
| 11 | Chloé Campbell | W14 | 61 | | 61 |
| 12 | Luke McDonald | M14 | 60 | | 60 |
| 13 | Luke Wilkins | M14 | 59 | | 59 |
| 14 | Anna Wilson | W16 | 58 | | 58 |
| 15 | Dylan Kennedy | M12 | 50 | | 50 |
| 16 | Nigel Foley-Fisher | M75 | 48 | | 48 |
| 17 | Charlotte Kerr | W10 | 44 | | 44 |
| 18 | Ann-Marie Kerr | W50 | 38 | | 38 |
| 19 | Ossian Perrin | M12 | 37 | | 37 |
| 20 | Arthur Perrin | M10 | 0 | | 0 |
| 21 | Cillian Lynch | M14 | 0 | | 0 |
| 22 | Rachel Montgomery | W40 | | 0 | 0 |
| 23 | Malin Higgins | W10 | 0 | | 0 |
| 24 | Matthew Wilson | M16 | 0 | | 0 |
| 25 | Oisín McDonagh | M10 | | 0 | 0 |

Northern Ireland Urban League | Short League Table

Northern Ireland Urban League | Short League Table
