

Legenderry Shamrock Sprint
 St Patrick's Day 2014
 St Columb's Park, Derry-Londonderry

| Name | Club | Course | Time | | |
|-----------------|-----------|------------|-----------|-------|-----|
| Course A | | | | | |
| 1 | Darren | Burke | CORKO A3 | 14:13 | |
| 2 | Kevin | O'Boyle | CNOC A6 | 15:01 | |
| 3 | Conor | Short | CNOC A3 | 15:01 | |
| 4 | Hugh | Cashell | CNOC A1 | 15:48 | |
| 5 | Jonathan | McCloy | NWOC A1 | 16:34 | |
| 6 | Niamh | O'Boyle | CNOC A6 | 16:36 | |
| 7 | Steven | Linton | NWOC A5 | 16:37 | |
| 8 | Peter | Meehan | NWOC A4 | 17:04 | |
| 9 | Roisin | Long | AJAX A4 | 18:37 | |
| 10 | Robert | Pim | WATO A2 | 19:04 | |
| 11 | Bobby | Smyth | NWOC A4 | 19:28 | |
| 12 | Dai | Wilson | LVO A1 | 19:47 | |
| 13 | Ruth | Lynam | CNOC A1 | 20:16 | |
| 14 | Susan | Lambe | LVO A6 | 20:46 | |
| 15 | Ruairi | Long | AJAX A5 | 22:00 | |
| 16 | Clodagh | Moran | 3ROC A3 | 22:35 | |
| 17 | Pat | McCavana | GEN A6 | 22:48 | |
| 18 | Nigel | Pim | WATO A1 | 22:56 | |
| 19 | Wilbert | Hollinger | LVO A4 | 23:05 | |
| 20 | Mike | Long | AJAX A3 | 23:16 | |
| 21 | Mary | O'Connell | 3ROC A4 | 25:15 | |
| 22 | Dave | Richardson | FINGAL A6 | 25:34 | |
| 23 | Anthony | McGonigle | NWOC A6 | 27:44 | |
| 24 | Ruth | Blair | NWOC A2 | 30:42 | |
| 25 | Seanin | McCloy | FermO A2 | 31:17 | |
| 26 | Fred | Corscadden | NWOC A2 | 32:21 | |
| 27 | Chris | Slattery | FINGAL A2 | 33:04 | |
| 28 | Catherine | King | AJAX A2 | 36:18 | |
| 29 | Jean | O'Neill | FINGAL A1 | 37:27 | |
| 30 | Jackie | McCavana | GEN A5 | 40:09 | |
| | Eadaoin | McCavana | GEN A4 | 21:41 | dnf |
| | Ruairi | Short | CNOC A2 | 15:03 | mp |
| | Aoife | McCavana | GEN A3 | 19:45 | mp |
| | Caoimh | O'Boyle | CNOC A2 | 22:23 | mp |
| | Regina | Kelly | CNOC A1 | 23:28 | mp |
| | Philip | Baxter | LVO A4 | 23:36 | mp |
| | Gerry | Meehan | NWOC A3 | 28:41 | mp |

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| Ursula | Meehan | NWOC | A5 | 30:44 | mp |
| Bernie | O'Boyle | CNOC | A5 | 38:22 | mp |

Course B

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|---|--------|------------|--------|---|-------|-----|
| 1 | Eileen | Young | FINGAL | B | 17:30 | |
| 2 | Jeni | Pim | WATO | B | 20:13 | |
| 3 | Jordan | Pim | WATO | B | 20:23 | |
| 4 | Mollie | Bogle | NWOC | B | 29:21 | |
| 5 | Anyta | Richardson | FINGAL | B | 35:52 | |
| 6 | Orla | Young | FINGAL | B | 37:12 | |
| 7 | David | Lambe | LVO | B | 39:17 | |
| 8 | Sinead | Young | FINGAL | B | 45:50 | |
| | Blair | Ruth | NWOC | B | 19:41 | n/c |